

Equilibration in φ^4 theory in 3+1 dimensions

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- 1 Introduction
- 2 2PI-Effective Action and Evolution Equations
- 3 Symmetric Phase: Equilibration and Damping
- 4 Broken Phase: Equilibration and Damping
- 5 Conclusions

Motivation

Why is equilibration interesting?

Early Universe

- (P)reheating during inflation (\rightarrow Baryogenesis)

Heavy-Ion Collisions



Is a thermalized QGP achieved during the collisions?

- Hydrodynamics point to short thermalization time ($\tau \sim 1$ fm/c).
- Traditional QCD estimates give a larger thermalization time.

2PI Effective action as a tool to study equilibration

- Exact representation of path integral in terms of a functional depending solely on the connected 1- and 2-point functions ϕ and G .
- Evolution equations derived from variational principle on the functional (Φ (Functional)-derivable approximations)

$$\Phi \sim \text{[diagram 1]} + \text{[diagram 2]} + \text{[diagram 3]} + \text{[diagram 4]} + \text{[diagram 5]} + \text{[diagram 6]} + \text{[diagram 7]} + \text{[diagram 8]} + \dots$$

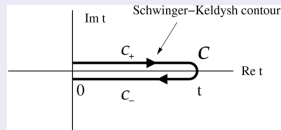
- **Energy conservation**
- **Respect global symmetries** [Baym, Kadanoff'61]
- **Renormalization? Possible and systematic** [van Hees, Knoll'02; Blaizot, Iancu, Reinoso'04; Cooper, Mihaila, Dawson '04; Berges, Borsányi, Reinoso'05]
- **Gauge invariance? Not completely** [AA, Smit '02; Carrington, Kunstatter, Zaraket '03]
- **Recent out-of-equilibrium studies:**
 - Equilibration in scalar fields (1+1 dim) [Berges, Cox '00; Aarts, Berges'01; Berges'02, Cooper, Dawson, Mihaila'03...]
 - Equilibration in scalar fields (2+1 dim) [Cassing, Juchem, Greiner'02]
 - Equilibration of fermions and scalars (3+1 dim) [Berges, Borsányi, Serreau'03]
 - Preheating [Berges, Serreau'03; AA, Tranberg, Smit'04]

2PI Effective Action in scalar theory

Scalar $\lambda\varphi^4$ theory

$$S[\varphi] = \int_C d^4x \left[\frac{1}{2} \partial_\mu \varphi(x) \partial^\mu \varphi(x) - \frac{1}{2} m^2 \varphi(x)^2 - \frac{\lambda}{4!} \varphi(x)^4 \right]$$

- Symmetric phase: $v = \langle \varphi \rangle_{T=0} = 0$
- Broken phase: $v \neq 0$, $v_{\text{tree}} = \sqrt{6|m^2|/\lambda}$



2PI Effective Action

$$\Gamma[\phi, G] = S[\phi] - \frac{i}{2} \text{Tr} \ln G + \frac{i}{2} \text{Tr} \left[(G_0^{-1} - G^{-1}) \cdot G \right]$$

$$+ i \left[\frac{1}{8} \text{bubble} + \frac{1}{12} \text{triangle} + \frac{1}{48} \text{fish} + \frac{1}{24} \text{sun} + \frac{1}{24} \text{box} + \dots \right]$$

with $G_0^{-1}(x, y) = \left(-\partial^2 - m^2 - \frac{1}{2} \lambda \phi^2 \right) \delta_C(x, y)$.

Truncations

Truncations of the 2PI Effective Action

Truncation	Order	$i\Phi[\phi, G]$
Hartree approximation	$\mathcal{O}(\lambda)$	$\frac{1}{8}$
Two-loop approximation	2 loops	$\frac{1}{8}$ + $\frac{1}{12}$
“Basketball” approximation	$\mathcal{O}(\lambda^2)$	$\frac{1}{8}$ + $\frac{1}{12}$ + $\frac{1}{48}$

Evolution equations obtained from variational principle

$$\frac{\delta\Gamma[\phi, G]}{\delta\phi} = 0 \implies \frac{\delta S[\phi]}{\delta\phi(x)} + \frac{1}{2}\lambda G(x, x)\phi(x) = -\frac{\delta\Phi[\phi, G]}{\delta\phi(x)} = \frac{i}{6} \dots \text{}$$

$$\frac{\delta\Gamma[\phi, G]}{\delta G} = 0 \implies \delta_C(x, y) = \int_C d^4z G_0^{-1}(x, z)G(z, y) + i \int_C d^4z \Sigma(x, z)G(z, y)$$

$$\Sigma(x, y) = -2 \frac{\delta\Phi[\phi, G]}{\delta G(y, x)} = \frac{i}{2} \text{} + \frac{i}{2} \text{} + \frac{i}{6} \text{}$$

2-point functions

2-point functions on the contour

- Evolution equations are defined on the Schwinger-Keldysh contour \mathcal{C}

$$G(x, y) = \Theta_{\mathcal{C}}(x_0 - y_0) G^>(x, y) + \Theta_{\mathcal{C}}(y_0 - x_0) G^<(x, y) \quad \text{with} \quad \begin{cases} G^>(x, y) \equiv \langle \varphi(x) \varphi(y) \rangle \\ G^<(x, y) \equiv \langle \varphi(y) \varphi(x) \rangle \end{cases}$$

- Real scalar theory $[G^>(x, y)]^* = G^<(x, y) \rightarrow$ only **2 independent real functions**.

$$G^>(x, y) = F(x, y) - \frac{i}{2} \rho(x, y),$$

$$G^<(x, y) = F(x, y) + \frac{i}{2} \rho(x, y).$$

- The functions F/ρ contain statistical/spectral information

$$F(x, y) = \frac{1}{2} \langle \{\varphi(x), \varphi(y)\} \rangle \quad , \quad \rho(x, y) = i \langle [\varphi(x), \varphi(y)] \rangle$$

Evolution Equations

2-point functions

$$\begin{aligned} [\partial_x^2 + M^2(x)] F(x, y) &= \int_0^{x_0} dz_0 \int d^3z \Sigma^\rho(x, z) F(z, y) - \int_0^{y_0} dz_0 \int d^3z \Sigma^F(x, z) \rho(y, z), \\ [\partial_x^2 + M^2(x)] \rho(x, y) &= \int_{y_0}^{x_0} dz_0 \int d^3z \Sigma^\rho(x, z) \rho(z, y), \end{aligned}$$

with $M^2(x) = m^2 + \frac{\lambda}{2} \phi(x)^2 + \frac{\lambda}{2} F(x, x)$

$$\Sigma^F(x, y) = \frac{\lambda^2}{2} \phi(x) \phi(y) \left[F^2(x, y) - \frac{\rho^2(x, y)}{4} \right] + \frac{\lambda^2}{6} F(x, y) \left[F^2(x, y) - \frac{3\rho^2(x, y)}{4} \right]$$

$$\Sigma^\rho(x, y) = \lambda^2 \phi(x) \phi(y) [F(x, y) \rho(x, y)] + \frac{\lambda^2}{6} \rho(x, y) \left[3F^2(x, y) - \frac{\rho^2(x, y)}{4} \right]$$

1-point function

$$[\partial_x^2 + M^2(x)] \phi(x) = \frac{\lambda}{3} \phi(x)^3 + \int_0^{x_0} dz_0 \int d^3z \tilde{\Sigma}^\rho(x, z) \phi(z),$$

with $\tilde{\Sigma}^\rho(x, z) = -\frac{\lambda^2}{6} \rho(x, z) \left[3F(x, z)^2 - \frac{\rho(x, z)^2}{4} \right]$

Initial Conditions

Spatially homogeneous situation

$$\left\{ F(x, y) = F(t, t', \mathbf{x} - \mathbf{y}), \rho(x, y) = \rho(t, t', \mathbf{x} - \mathbf{y}) \right\} \implies \left\{ F_{\mathbf{k}}(t, t'), \rho_{\mathbf{k}}(t, t') \right\}$$

Mean Field

$$\phi = 0 \quad \text{Symmetric Phase} \quad \phi = v_{\text{tree}} \quad \text{Broken Phase}$$

Spectral Function

$$\rho_{\mathbf{k}}(t, t) = 0, \quad \partial_t \rho_{\mathbf{k}}(t, t')|_{t=t'} = 1$$

Symmetric Function

$$F_{\mathbf{k}}(t, t')|_{t=t'=0} = \langle \{ \varphi_{\mathbf{k}}(t), \varphi_{-\mathbf{k}}(t') \} \rangle|_{t=t'=0} = \frac{1}{\omega_{\mathbf{k}}} \left[\eta_{\mathbf{k}} + \frac{1}{2} \right]$$

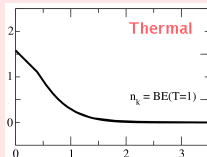
$$\partial_t F_{\mathbf{k}}(t, t')|_{t=t'=0} = \langle \{ \pi_{\mathbf{k}}(t), \varphi_{-\mathbf{k}}(t') \} \rangle|_{t=t'=0} = 0$$

$$\partial_t \partial_{t'} F_{\mathbf{k}}(t, t')|_{t=t'=0} = \langle \{ \pi_{\mathbf{k}}(t) \pi_{-\mathbf{k}}(t') \} \rangle|_{t=t'=0} = \omega_{\mathbf{k}} \left[\eta_{\mathbf{k}} + \frac{1}{2} \right]$$

Thermal

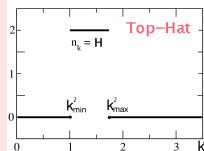
$$\eta_{\mathbf{k}} = \frac{1}{e^{(\omega_{\mathbf{k}}/T_{\text{in}})} - 1}$$

$$\text{with } \omega_{\mathbf{k}} = \sqrt{m_{\text{in}}^2 + \mathbf{k}^2}$$



"Top-Hat"

$$\eta_{\mathbf{k}} = H \Theta(k_{\text{max}}^2 - k^2) \Theta(k^2 - k_{\text{min}}^2)$$



Observables

Quasiparticle distribution function $n_{\mathbf{k}}(t) + \frac{1}{2} = c_{\mathbf{k}} \sqrt{\partial_t \partial_{t'} F_{\mathbf{k}}(t, t')|_{t=t'} F_{\mathbf{k}}(t, t)}$

Dispersion relation $\omega_{\mathbf{k}}(t) = \sqrt{\partial_t \partial_{t'} F_{\mathbf{k}}(t, t')|_{t=t'} / F_{\mathbf{k}}(t, t)}$

Total Particle number density $n_{\text{tot}}(t) = \int_{\mathbf{k}} n_{\mathbf{k}}(t)$

Close to equilibrium

- Effective quasiparticle mass m_{eff}

$$\omega_{\mathbf{k}}^2(t) = c^2(t) (m_{\text{eff}}(t)^2 + \mathbf{k}^2)$$

- Effective Temperature T_{eff} and chemical potential μ_{eff}

$$n_{\mathbf{p}}(t) = \frac{1}{e^{[\omega_{\mathbf{p}}(t) - \mu_{\text{eff}}(t)] / T_{\text{eff}}(t)} - 1}$$

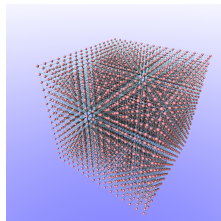
Energy and Memory Kernels

- We monitor the memory kernels, i.e. $\Sigma^F(t, t')$, $\Sigma^\rho(t, t')$ and $\tilde{\Sigma}^\rho(t, t')$
- Only a finite memory is kept, i.e. $\Sigma(t, t') \rightarrow \text{for } |t - t'| > t_{\text{cut}}$
- We check that the energy $E(t) = \int d^3x T^{00}(\mathbf{x}, t)$ is conserved

Numerical Implementation

- The system is discretized on a $N^3 = 16^3$ spatial lattice of spacing a .
- Time is discretized with spacing a_t

$$S_{\text{lat}}[\varphi] = a^3 a_t \sum_{\mathbf{x}, t} \left[\frac{1}{2} (\partial_t \varphi(\mathbf{x}, t))^2 - \frac{1}{2} \sum_i (\partial_i \varphi(\mathbf{x}, t))^2 - \frac{1}{2} m_0^2 \varphi(\mathbf{x}, t)^2 - \frac{1}{4!} \lambda_0 \varphi(\mathbf{x}, t)^4 \right]$$



Renormalization

- General method quite involved (solution of Bethe-Salpeter equations)
- In our discretized case we use an *approximate* 2-loop renormalization

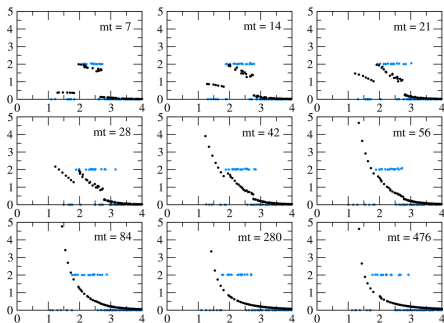
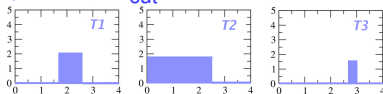
$$m_0^2 = m^2 - \frac{i}{2} \text{[loop]} + \frac{i}{2} \text{[loop]} \Big|_{T=0, G_0} = m^2 - \frac{\lambda}{2a^2} \frac{1}{N^3} \sum_{\mathbf{k}} \frac{1}{2\sqrt{a^2 m^2 + \lambda a^2 v^2/2 + \mathbf{k}^2}} - \frac{\lambda^2 v^2}{2} \frac{1}{N^3} \sum_{\mathbf{k}} \frac{1}{4\sqrt{(a^2 m^2 + \lambda a^2 v^2/2 + \mathbf{k}^2)^3}}$$

$$\frac{1}{\lambda_0} = \frac{1}{\lambda} - \frac{1}{2} \text{[loop]} = \frac{1}{\lambda} - \frac{1}{N^3} \sum_{\mathbf{k}} \frac{1}{4\sqrt{(a^2 m^2 + \lambda a^2 v^2/2 + \mathbf{k}^2)^3}}$$

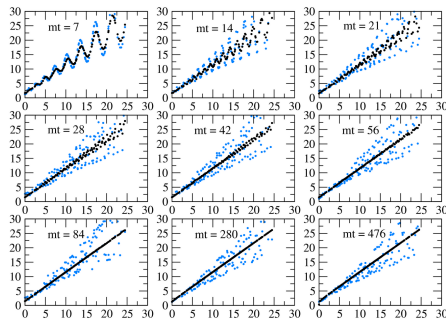
Symmetric Phase: Equilibration

Simulation Parameters: $\phi = 0$, $am = 0.7$, $\lambda = 6$, $a_t = 0.1a$, $mt_{\text{cut}} = 28$

- T1, T2 and T3: same energy
- T1 and T2: similar total particle number density



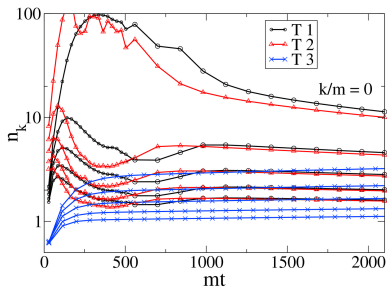
Distribution function
 n_k vs. ω_k , Hartree and Basketball for T1



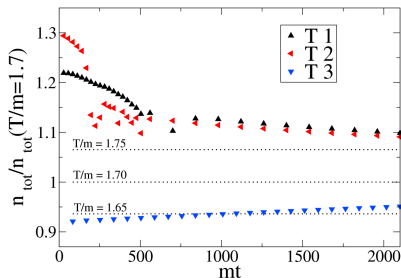
Dispersion relation
 ω_k^2 vs. k^2 , Hartree and Basketball for T1

Equilibration seems to occur at $mt \sim 100!$

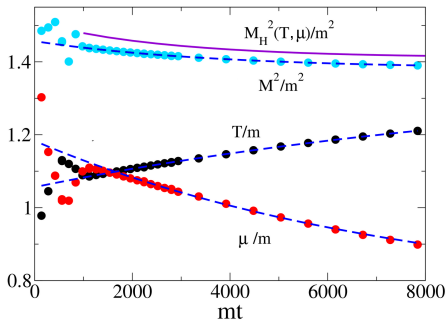
Kinetic vs. Chemical Equilibration



Evolution of individual modes

Evolution of total particle number n_{tot}

- **Kinetic equilibration** occurs relatively fast ($mt \sim 100$), dominated by $2 \leftrightarrow 2$ processes
- **Chemical equilibration** is much slower (caused by $1 \leftrightarrow 3, 2 \leftrightarrow 4, \dots$ processes).
- Kinetically preequilibrated state **remembers** the initial particle number.



Evolution of effective mass, temperature and chemical potential

- **Very slow** evolution towards final equilibrium ($m\tau \sim 10^4-5$)
- Exponential fits suggest asymptotic values $T/m = 1.36$ and $\mu/m = 0.7(!)$
- Chemical equilibration seems to be **much smaller than in 2+1 dimensions** [Juchem, Cassing, Greiner '03]
- Effective mass: Comparison with Hartree estimate $M_H(T_{\text{eff}}, \mu_{\text{eff}})$ indicates that the contribution to the mass from the basketball not very large.

Symmetric Phase: Damping

- Close to thermal equilibrium (Initial conditions: Thermal)
- Mean field **slightly** displaced from $\phi = 0$

$$\ddot{\phi}(t) + M^2(T, t)\phi(t) = -\frac{\lambda}{6}\phi(t)^3 - \int_0^t dt' \tilde{\Sigma}_0^R(t, t')\phi(t')$$

↓ Linearization

$$\ddot{\phi}(t) + M^2(T)\phi(t) = -\int_0^t dt' \tilde{\Sigma}_0^R(t - t')\phi(t')$$

↓ Solvable

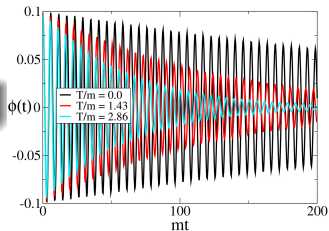
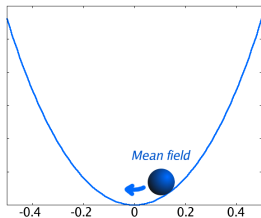
$$\phi(t) = \frac{2\phi_i}{\pi} \int_0^\infty d\omega \frac{\omega \operatorname{Im} \tilde{\Sigma}_0^R(\omega) \cos(\omega t)}{\left[\omega^2 - M^2 - \operatorname{Re} \tilde{\Sigma}_0^R(\omega)\right]^2 + \operatorname{Im} \tilde{\Sigma}_0^R(\omega)^2}$$

↓ Narrow width

$$\phi(t) \approx \phi_i Z e^{-\gamma t} \cos(M_{\text{eff}} t - \alpha),$$

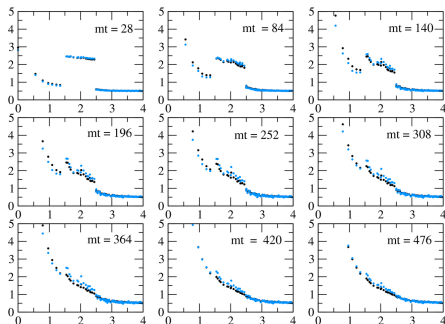
$$\gamma = Z \frac{\operatorname{Im} \tilde{\Sigma}_0^R(M_{\text{eff}})}{M_{\text{eff}}}, \quad M_{\text{eff}}^2 = M^2 + \operatorname{Re} \tilde{\Sigma}_0^R(\omega)$$

- Spectral Function $\rho_{\mathbf{k}}(t, t') = \frac{1}{\omega_{\mathbf{k}}} e^{-\gamma_{\mathbf{k}}|t-t'|} \sin[\omega_{\mathbf{k}}(t-t')]$



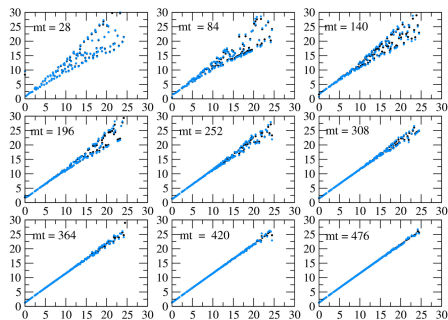
Broken Phase: Equilibration

Simulation Parameters: $\phi = v_{\text{tree}}$, $am = 0.7$, $\lambda = 1$, $a_t = 0.1a$, $mt_{\text{cut}} = 84$,



Distribution function

$n_{\mathbf{k}}$ vs. $\omega_{\mathbf{k}}$, 2-loop and Basketball for T1



Dispersion relation

$\omega_{\mathbf{k}}^2$ vs. k^2 , 2-loop and Basketball for T1

- Early equilibration in 2-loop almost as fast as in Basketball
- Further chemical and final equilibration very slow

Broken Phase: Damping

- Close to thermal equilibrium (Initial conditions: Thermal)
- Mean field $\phi = v_{\text{tree}}$ slightly displaced from true v
- Linearization around v : $\phi(t) = v + \sigma(t)$

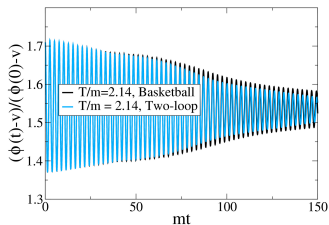
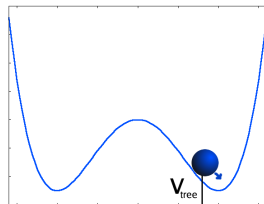
$$\ddot{\sigma}(t) + M^2(T, t)\sigma(t) = - \int_0^t dt' \tilde{\Sigma}_0^{\rho}(t, t')\sigma(t')$$

- Vacuum expectation value v

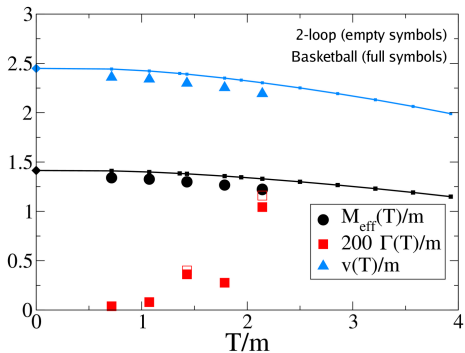
$$M^2(T, t)v - \frac{\lambda}{3}v^3 + \int_0^t dt' \tilde{\Sigma}_0^{\rho}(t, t')v = 0$$

- Close enough to equilibrium

$$\sigma(t) \approx \sigma_{\text{in}} Z e^{-\gamma t} \cos(M_{\text{eff}} t - \alpha)$$



Damping: 2-loop vs. Basketball



- Effective masses and v practically identical and close to Hartree
- Similar damping in both approximations (rough estimates)

Conclusions

Equilibration stages

- Early Kinetic Equilibration (“Stabilization” of occupation numbers and dispersion relation)
- Late Chemical and final equilibration

Prethermalization? (J. Berges and S. Borsányi’s talks)

Hartree/2-loop/Basketball Φ -derivable approximations

- Hartree vs. 2-loop/Basketball: Not large changes in masses and v
 - Enhanced mean field damping (w.r.t perturbation theory)
 - Possible to study 2-point function equilibration in 2-loop (broken phase)
 - Equilibration almost as fast in 2-loop as in Basketball (broken phase)
- Larger couplings: **Secular-like Instabilities?**, **Renormalization?**