

Gravitational Waves II

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- In lecture 44, we discussed gravitational waves in vacuum
- This lets us discuss the propagation of gravitational waves in empty space
- In this lecture, we include matter in the Einstein equations
- This will let us discuss how gravitational waves are generated

Weak field limit of Einstein Equations

- Consider the Einstein Equations w/o cosmological constant:

$$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = 8\pi GT_{\mu\nu} \quad (45.1)$$

- Now consider the *weak field limit*

$$g_{\mu\nu}(t, \vec{x}) = \eta_{\mu\nu} + h_{\mu\nu}(t, \vec{x}), \quad (45.2)$$

with $\eta_{\mu\nu} = \text{diag}(-1, 1, 1, 1)$ and $|h_{\mu\nu}| \ll 1$

- Following the same steps as in lecture 44, and using gauge fixing, (45.1) for $|h_{\mu\nu}| \ll 1$ becomes

$$\square \bar{h}_{\mu\nu} = -16\pi T_{\mu\nu}, \quad \bar{h}_{\mu\nu} = h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h. \quad (45.3)$$

Solving the wave equation



$$\square \bar{h}_{\mu\nu} = -16\pi T_{\mu\nu}, \quad \bar{h}_{\mu\nu} = h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h. \quad (45.4)$$

- For $T_{\mu\nu} = 0$, we recover the homogeneous wave-equation from lecture 44
- For $T_{\mu\nu} \neq 0$, (45.4) inhomogeneous: it corresponds to a wave equation with a source
- We know how to solve such equations: Green's function method!

Green's function method

- Define the function $G(x - y)$ to be the solution to

$$\square G(x - y) = \delta(x - y). \quad (45.5)$$

- If $G(x)$ is known, the solution to (45.4) is given by

$$\bar{h}_{\mu\nu}(x) = -16\pi G \int d^4y G(x - y) T_{\mu\nu}(y). \quad (45.6)$$

- Proof: Act with \square acting on the coordinate x on this equation:

$$\square \bar{h}_{\mu\nu}(x) = -16\pi G \int d^4y \square G(x - y) T_{\mu\nu}(y) \quad (45.7)$$

Green's function method

- Define the function $G(x - y)$ to be the solution to

$$\square G(x - y) = \delta(x - y). \quad (45.8)$$

- If $G(x)$ is known, the solution to (45.4) is given by

$$\bar{h}_{\mu\nu}(x) = -16\pi G \int d^4y G(x - y) T_{\mu\nu}(y). \quad (45.9)$$

- Proof: Act with \square acting on the coordinate x on this equation:

$$\square \bar{h}_{\mu\nu}(x) = -16\pi G \int d^4y \delta(x - y) T_{\mu\nu}(y) \quad (45.10)$$

Green's function method

- Define the function $G(x - y)$ to be the solution to

$$\square G(x - y) = \delta(x - y). \quad (45.11)$$

- If $G(x)$ is known, the solution to (45.4) is given by

$$\bar{h}_{\mu\nu}(x) = -16\pi G \int d^4y G(x - y) T_{\mu\nu}(y). \quad (45.12)$$

- Proof: Act with \square acting on the coordinate x on this equation:

$$\square \bar{h}_{\mu\nu}(x) = -16\pi G T_{\mu\nu}(x) \quad (45.13)$$

QED

Green's function

- There are several different functions $G(x)$ fulfilling

$$\square G(x - y) = \delta(x - y). \quad (45.14)$$

- We take the physical one, corresponding to the retarded Green's function:

$$G(x^\mu) = -\frac{\Theta(x^0)}{4\pi|\vec{x}|} \delta(|\vec{x}| - x^0). \quad (45.15)$$

- Proof: homework problem
- With this Green's function, we get

$$\bar{h}_{\mu\nu} = 4G \int_y \frac{T_{\mu\nu}(y)}{|\vec{x} - \vec{y}|} \Theta(x^0 - y^0) \delta(|\vec{x} - \vec{y}| - x^0 + y^0). \quad (45.16)$$

Solution to Wave equation

- We can use the delta-function to do the y^0 integration:

$$\bar{h}_{\mu\nu}(x^0, \vec{x}) = 4G \int d^3y \frac{T_{\mu\nu}(x^0 - |\vec{x} - \vec{y}|, \vec{y})}{|\vec{x} - \vec{y}|} \quad (45.17)$$

- This is the general (physical) solution for arbitrary source $T_{\mu\nu}$
- We can simplify the result for *specific* sources, such as a *localized* source

Solution to Wave equation – Fourier Space

- First let's rewrite our solution for $\bar{h}_{\mu\nu}$ in frequency space:

$$\bar{h}_{\mu\nu}(x^0, \vec{x}) = \int \frac{d\omega}{2\pi} e^{-i\omega x^0} \tilde{h}_{\mu\nu}(\omega, \vec{x}). \quad (45.18)$$

- We get

$$\begin{aligned} \tilde{h}_{\mu\nu}(\omega, \vec{x}) &= 4G \int d^3y \int dx^0 \frac{e^{i\omega x^0}}{|\vec{x} - \vec{y}|} T_{\mu\nu}(x^0 - |\vec{x} - \vec{y}|, \vec{y}), \\ &= 4G \int d^3y \int dx^0 \frac{e^{i\omega x^0}}{|\vec{x} - \vec{y}|} \int \frac{d\omega'}{2\pi} e^{-i\omega'(x^0 - |\vec{x} - \vec{y}|)} \tilde{T}_{\mu\nu}(\omega', \vec{y}) \\ &= 4G \int d^3y \frac{\tilde{T}_{\mu\nu}(\omega, \vec{y})}{|\vec{x} - \vec{y}|} e^{i\omega|\vec{x} - \vec{y}|}. \end{aligned} \quad (45.19)$$

Localized Source

- If the source is localized (e.g. $T_{\mu\nu}(\omega, \vec{y}) \propto \delta(y)$) and far away, we may approximate the solution for $\tilde{h}_{\mu\nu}$
- To leading order in a localized source, we take

$$|\vec{x} - \vec{y}| \simeq |\vec{x}| = r. \quad (45.20)$$

- For this approximation, we get

$$\tilde{h}_{\mu\nu}(\omega, r) \simeq 4G \frac{e^{i\omega r}}{r} \int d^3y \tilde{T}_{\mu\nu}(\omega, \vec{y}). \quad (45.21)$$

- It's a spherical wave!

Localized Source – Gauge fixed

- Next recall that we have a gauge condition on the metric fluctuation:

$$\partial_\mu \bar{h}^{\mu\nu} = 0, \quad (45.22)$$

- In frequency space, this implies

$$i\omega \tilde{h}^{0\nu} + \partial_i \tilde{h}^{i\nu} = 0, \quad (45.23)$$

which means that only spatial components \tilde{h}^{ij} are independent!

- In addition to the gauge condition, recall that the energy-momentum tensor is conserved

$$\partial_\mu T^{\mu\nu} = 0. \quad (45.24)$$

- In frequency space, this implies

$$i\omega \tilde{T}^{0\nu} + \partial_i \tilde{T}^{i\nu} = 0. \quad (45.25)$$

Energy-Momentum Tensor

- We can use this to express

$$\partial_j \tilde{T}^{0j} = -i\omega \tilde{T}^{00}, \quad \partial_j \tilde{T}^{ij} = -i\omega \tilde{T}^{i0}, \quad (45.26)$$

- Next, rewrite

$$\begin{aligned} \int d^3y \tilde{T}_{ij} &= \int d^3y \left[\partial_k (y_i \tilde{T}_{ij}) - y_i \partial_k \tilde{T}_{kj} \right], \\ &= - \int d^3y y_i \partial_k \tilde{T}_{kj}, \\ &= i\omega \int d^3y y_i \tilde{T}^{0j}. \end{aligned} \quad (45.27)$$

Localized Source – Gauge fixed

- Collecting terms, so far we have

$$\tilde{h}^{jj}(\omega, r) = 4G \frac{e^{i\omega r}}{r} i\omega \int d^3y y^i \tilde{T}^{0j} \quad (45.28)$$

- Since $\tilde{h}^{jj} = \tilde{h}^{ji}$ we can symmetrize

$$y^i \tilde{T}^{0j} = \frac{1}{2} \left(y^i \tilde{T}^{0j} + y^j \tilde{T}^{0i} \right). \quad (45.29)$$

- Using the same trick as in (45.27), we have

$$\begin{aligned} \int d^3y y^i \tilde{T}^{0j} &= -\frac{1}{2} \int d^3y y^i y^j \partial_k \tilde{T}^{0k}, \\ &= \frac{i\omega}{2} \int d^3y y^i y^j \tilde{T}^{00} = \frac{i\omega}{2} \tilde{Q}^{ij}. \end{aligned} \quad (45.30)$$

Localized Source and Quadrupole Moment

- Plugging this into (45.28), we have the compact formula

$$\tilde{h}_{ij}(\omega, r) = -2G\omega^2 \frac{e^{i\omega r}}{r} \tilde{Q}_{ij}(\omega) \quad (45.31)$$

- Here \tilde{Q}_{ij} is the *quadrupole moment* of the energy density

$$\tilde{Q}_{ij}(\omega) = \int d^3y y_i y_j \tilde{T}_{00}(\omega, \vec{y}). \quad (45.32)$$

- We can convert (45.31) from frequency to the time domain, finding

$$\bar{h}_{ij}(t, r) = \frac{2G}{r} \left. \frac{d^2 Q_{ij}(t')}{dt'^2} \right|_{t'=t-r} \quad (45.33)$$